

# Our Region is Feeding the World, that's a lot of Dough, (pun intended!)

Approximately 1.65 Billion loaves\* of bread were shipped from our region in 2018!



Wheat exports are improving based on 2018 shipping reports. Lewis Clark Terminal shipped 187 barges containing 20.7 million bushels. The Port of Lewiston connects farmers, exporters and consumers to the world marketplace.

- ✦ 1 bushel of wheat contains approximately 1 million individual kernels
- ✦ 1 bushel of wheat yields approximately 60 lbs. of whole-wheat flour
- ✦ 1 bushel of wheat makes about 42 lbs. of pasta or 210 servings of spaghetti
- ✦ 1 bushel of wheat makes about 80 loaves of bread

Barges that leave Lewis Clark Terminal help to increase America's exports and feed the world. About 90% of the soft white wheat, peas and lentils grown regionally are exported overseas. Efficiently moving freight throughout our region is essential to our local economy.

## **CHECK OUT THESE FACTS!**

90% of Pacific NW white wheat is exported

40% of the US wheat is handled on the Columbia/Snake River system

From the farmer and his family to the barge operator and his family, we are helping put food on the table, support local education and purchase goods to support our Valley. The efficiency of barging, as opposed to truck and rail, helps to keep costs low and dramatically cuts greenhouse gas emissions.

\*This denotes that commercial loaves of bread can differ in weight due to types of wheat. Each type of wheat used, either Hard Red Wheat or Soft White Wheat can weigh differently and produce different amounts of flour.